

VRAPCETO

Source: Ruth Broster (Marcus Markoff) Translation: Little Bird Introduction: 6 long counts

Formation: Short lines around the circle, front basket hold.

DANCE

Starting w/R foot take 6 walking steps.

Step R, lift L; step L, lift R

2 steps back (R, L)

Step R, lift L

Moving to the L w/a grapevine - step L, step R in front of L, step L, step R behind L.

Step L, lift R; Step R lift L

Step L, stamp R

REPEAT the above 9 times.

FINISH

REPEAT from the beginning up to and including the "2 steps back", then slowly...

take a small step back w/R, draw L to R.

Step to L, draw R to L;

take a small step back w/R, draw L to R.

Step to L, draw R to L.

A large step FWD w/R, draw L to R and bow.

