

STIGA MI SE, MOHNE LE

Origin: [STEE-gah mee seh, MOHM-neh leh] comes from Bulgaria, Rhodopes and was choreographed by Yves Moreau.

Presented by: Sandy Starkman

Rhythm: 2/4

Style: Slight knee bend. Proud.

Formation: Mixed lines of R hand, hooked on L arm of person to the R. *Introduction:* Instrumental music

<u>Measures</u>	<u>Counts</u>	<u>PART 1 - Singing</u>
1	1	Step on R diagonally FWD to R
	2	Step on L diagonally FWD to R
2	1, 2	Step on R diagonally FWD to R, hold
3	1, 2	Step on L diagonally FWD to R, hold
4	1	Step on R straight back from center
	2	Step on L straight back from center
5	1, 2	Step on R straight back from center, hold
6	1, 2	Step on L straight back from center, hold
		NOTE: steps are smaller for measures 4-6
7-24		REPEAT pattern of measures 1-6 three more times
		<u>PART 2 - Instrumental</u>
1	1	Moving in center, step on R
	2	Step on L
2	1, 2	Three small quick steps (R, L, R)
3	1	Small leap onto L
	2	Light stamp w/R, no weight
4	1	Moving out of center, step on R
	2	Step on L
5	1, 2	REPEAT measure 2, but move BKWD out of center
6	1	Small leap onto L
	2	Hold, but lift R w/bent knee
7-24		REPEAT pattern of measures 1-6 three more times

