

Graziella Mazurka

Source: Unknown Formation: Couples facing LOD in Varsouvienne position.

Parts

- 1 4 low step-swings beginning on R foot
- 2 Keep hand joined, W waltzes around M and turns on 4th waltz to assume original Varsouvienne position.
- 3 Moving diagonally L toward center of circle, do 3 mazurka steps, then 3 steps so M and W change places. Moving diagonally R away from center of circle, do 3 mazurka steps, then 3 steps ending w/partners facing (M has back to center)
- 4 Hold both hands at chin level, rock together, rock away, lift arms so W turns R. Rock together, rock away, lift arms so W turns L.
- 5 Keep hands joined, L shoulders adjacent (change places) Begin R, 3 mazurka steps and 2 steps, so R shoulders are adjacent. Begin L, 3 mazurka steps and 2 steps, to assume original Varsouvienne position.
REPEAT DANCE 3 MORE TIMES.

The mazurka step is a rocking step onto one foot and then back onto the other followed by a slight pause and is counted 'one, two, lift'. The mazurka step alternates with a waltz step as follows:

1. Mazurka step on the spot starting man's left, woman's right.
2. Waltz step turning a quarter turn to the left (CCW)
3. Mazurka step turning to the right, starting man's R, woman's L
4. Waltz step continuing the turn.
(Total one and a quarter turns to R)

Count: Ma-zur-ka-1-2-3-Ma-zur-ka-1-2-3.