

# Fysoúni

Source: Folkraft LP-8      Translation and Origin: Bellows/Epirus      Type: Line dance, no partners      Rhythm: 9/8  
Presented by: Rickey Holden, Evansville, 2008      Formation: "W" position. Right foot free.

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Measure	Count	VARIATION 1—BASIC
1	1-6	Facing slightly and moving right, THREE WALKING STEPS (R, L, R) FWD
	7-8	HOP on RIGHT foot, swinging left across in front
	9	HOP again on RIGHT foot
2	1-6	Still facing slightly right, but moving left, THREE WALKING STEPS (L, R, L) BKWD, turning to face centre on the last steps.
	7-8	HOP on LEFT foot, swinging right across in front
	9	HOP again on LEFT foot
3	1-2	STEP SDWD RIGHT on right foot
	3-4	HOP on RIGHT foot
	5-6	STEP SDWD LEFT on left foot
	7-8	HOP on LEFT foot, swinging right across in front
	9	HOP again on LEFT foot
4	-	REPEAT pattern of Measure 3
		VARIATION 2—TURN
1	1-6	Releasing hands, THREE WALKING STEPS (R, L, R) TURNING right once around
	7-9	HOP TWICE ON RIGHT foot as 1 above
2	-	REPEAT pattern of Measure 1, reversing direction and footwork. Rejoin hands
3-4	-	As 1 above