

# HINEH MA TOV

*Formation:* Join hands in lines or open circle, facing and moving CC.

## Measures

## Chorus

- |      |                                |
|------|--------------------------------|
| 1    | Step on R FWD and bend R knee  |
| 2    | Step on L FWD and bend L knee  |
| 3-4  | REPEAT 1-2                     |
| 5-8  | 8 running steps, starting on R |
| 9-16 | REPEAT 1-8                     |

## Part One

- |      |   |
|------|---|
| 1    | Face center of circle, step on R to R side and hold                         |
| 2    | Step on BKWD, arms move BKWD, body bends slightly FWD, close R to L         |
| 3    | Step FWD on L, bring arms up above shoulder level, straighten body and hold |
| 4    | Close R to L and hold   |
| 5-6  | Yemenite step R   |
| 7-8  | Yemenite step L   |
| 9-16 | REPEAT 1-8  |

