

# DIU XIE

*Origin:* China - Tibetan Song and Dance Ensemble from Gansu. Learned at Heritage 1995 International.

*Presented by:* Sandy Starkman

*Formation:* Standing solo in a circle facing RLOD with a scarf in each hand.

## FIG. 1

1 Step R, step L stamp R (no weight). Both arms move from R side, over the head to L side.

*(REPEAT FIG. 1 for a total of 5 times w/arms slowly moving from side to side.)*

2 Moving FWD, step R, L, R, L. Arms are lowered in front of knees and you wave the arms w/each step - crossing R arm in front as you step w/R and open arms as you step w/L.

Place R heel FWD, as the R arm goes above the head and the L arm goes back.

Place R toe BKWD, as L arm goes above the head and the R arm goes back.

*(REPEAT FIG. 2 - but moving BKWD)*

