

CIULEANDRA

Formation: Open circle, T position (arms on neighbour's shoulders).

INTRODUCTION: 8 measures

PART ONE

Step and lean R, lean to L, lean R, lean L drawing R to L (no weight)

Moving to center step R, close L (no weight)

Step FWD L, close R (no weight)

Step R, lift L in front, knee bent.

Step L, stamp R beside L (no weight)

Grapevine moving to L: R cross in front, L, R cross in back, L; R cross in front, L, R cross in back, L; R cross in front, L, R cross in back, L; R cross in front, side L, close R to L, hold

Do Part 1, 7 times total (speeds up each time)

PART TWO

Sevens to R: side R, L cross behind, side R, L cross behind, side R, L cross behind, side R, L cross behind, stamp L (no weight)

Sevens to L.

Sevens to R.

Sevens to L. (4 sets total)

Doubles: step R, stamp L; step L, stamp R; side R, L cross behind, side R, stamp L (no weight)

Doubles to L.

Doubles to R.

Doubles to L. (4 sets total)

REPEAT Sevens 4 times

REPEAT Doubles 4 times

REPEAT Sevens 4 times

DANCE NOTES - ROMANIA

