

CAPKAN DIMCO

Source: Atanas Kolarovski Presented by: Olga Sandolwich @ Maine Folk Dance Camp 1990,
re-presented by Sandy Starkman @ Maine Folk Dance Camp, 1991

Formation: Mixed lines, arms in V position for walking part, otherwise W position.

Measure

- 1 Facing and moving CCW. 3 walking steps - R, L, R, 2 quick steps - L, R
- 2 REPEAT measure 1 with opposite footwork
- 3 Facing slightly R of center, arms in W, step on R to R; hop on R in place; step on L across R; step on R and lift L knee up in front
- 4 REPEAT measure 3 with opposite footwork and direction
- 5 Facing center arms in W, 3 steps in place - R, L, R;
3 steps in place - L, R, L (slow, quick, quick)
- 6 REPEAT measure 3
- 7 REPEAT measure 5 with opposite footwork (L, R, L) and (R, L, R)
- 8 REPEAT measure 4

