

ASSOULIS

Source: Traditional dance from Sasoun region, former western Armenia. Learned from Tineke Van Geel.

Translation: Contraction of the verbs “assel”, which means “to say” and “lesel”, or “to listen.
Therefore AS-SOU-LIS can be translated into “Say and Listen.”

Formation: Line or open circle, little fingers joined in W position, facing centre.

<u>Measures</u>	<u>Counts</u>	<u>FIGURE</u>
1	1	Step on R to R, arms move to R
	2	Step on L crossed over R, arms move to L
	3	Step BKWD of R, arms come to W position
	&	Step L beside R
2	4	Step R beside L
	1	Step FWD on L, arms swing down, body moves diagonally R w/L shoulder to centre
	&	Step R beside L
	2	Step L beside R
3	3	Step BKWD on R, body moves BACK to face front, arms return to W position
	&	Step L beside R
	4	Step R beside L
	1	Accented step on L slightly FWD (L knee bent), R toe stays on floor (R knee bent). Hands make a down movement from the wrist
2	Step on R slightly behind L. Hands move back to W position	
3-4	REPEAT counts 1-2 of measure 3	
4	1-2	REPEAT counts 1-2 of measure 3
	3	Step on L to L
	4	Hop on L, lifting R foot to L calf <i>NOTE: On counts 3-4, arms make a small circle moving R</i>

Dance begins from the beginning

