

AN DRO RETOURNÉ

Origin: Brittany, France *Source:* France Moreau *Rhythm:* 2/4 *Style:* Somewhat flat-footed & bouncy

Translation: An Dro Retourné (An-droh Ruh-tour-ney) means “Reversing An Dro”.
An An Dro is a type of dance.

Formation: Open circle or line. Dancers hold “pinkie” fingers. Face center with weight on R foot. Leader is at the L of the line. Dance moves to the L.

Introduction: Stand still for 4 measures of music; when the drum starts you get the arms going for 4 measures

Steps

BASIC AN DRO STEP: (Move to L)

Measure 1: Moving FWD, step L (1); step R beside L (&); step L (2)
ARMS - Make a “loop” motion FWD and in

Measure 2: Moving BKWD step R (1); step L beside R (&); step R BKWD (2)
ARMS - Make a “loop” motion BKWD and out

TURN STEP: (Move in and out of circle)

This is the basic An Dro step, but on count 2 of measure 1, pivot on L to L face out and at the same time, clap hands at chest level, then do measure 2 as is. When the step is repeated while facing out, the pivot is on L to L to face in. Dancers should try to reconnect fingers.

Pattern

5 Basic An Dro Steps; 4 Turn Steps; 4 Basic An Drop Steps.

Sequence

Do the PATTERN 2 times; 5 Basic An Dro Steps; 4 Turn Steps; 8 Basic An Dro Steps; continue with the Turn Steps until the end of the music.

