

ALEXANDROVSKA

Source: This is a ballroom type of dance which is very smooth and quite elegant. It is performed with great dignity. Probably named in honour of Czar Alexander, it was popular at the end of the 1800s and during the early 1900s. Many variations are dancing in the USA; in the eastern part of our country it is called Alexandrovsky or translated to mean "Alexander's Waltz"

Formation: Double circle, face partner. M's back to center. How 2 hands shoulder height (butterfly position). LOD is CCW. W used other foot. M's L foot free; W's R foot free.

Measures

FIG. 1

- 1 Step sideward w/outside foot (M's L, W's R) (counts 1-2)
Draw inside foot up to outside foot and step on inside foot (count 3)
- 2 Step sideward w/outside foot (count 1) Swing joined inside hands FWD and pivot on outside foot turning away to finish back-to-back w/partner (counts 2-3) Extend free arm BKWD shoulder high, hands may touch lightly
- 3 In back-to-back position, step sideward with inside foot (counts 1-2) Draw outside foot up to inside foot and step on outside foot (count 3)
- 4 Step sideward w/inside foot (count 1) Draw outside foot up to inside foot and pause, outside foot free (counts 2-3)
- 5 Still in back position, REPEAT measure 1, FIG. 1 - (M's L, W's R) (count 1) Swing joined inside hands BKWD and pivot on outside foot turning toward partner to finish face-to-face (counts 2-3) Extend free arm sideward, shoulder high, hands may touch lightly
- 6 Step sideward w/outside foot (M's L, W's R) (count 1) Swing joined inside hands BKWD and pivot on outside foot turning toward partner to finish face-to-face (counts 2-3) Extend free arm sideward, shoulder high, hands may touch lightly.
- 7-8 In face-to-face position REPEAT measures 3-4 FIG. 1
- 9-16 REPEAT measures 1-8

FIG. 2

- 1-4 **MEN** - 4 step-draw steps to L (see description in FIG. 1, measure 1) Finish w/R foot free by pausing on count 3 of last step-draw
- 1-4 **WOMEN**- Step-draw to R (count 1), 2 waltz steps making 1 R turn under M's L and W's R arm (counts 2-3), Step-draw to R. Finish w/L foot free by pausing on count 3.
- 5-8 REPEAT measures 1-4, FIG. 2 in opposite direction. *NOTE:* On count 2, W make 1 L turn under M's R and W's L arm w/2 waltz steps (measures 6-7)
- 9-16 REPEAT measures 1-8

FIG. 3

- 1 Couples facing CCW, in skater's position, hands cross in front - (R over L), outside foot free, take 1 waltz step FWD starting w/outside foot
- 2 1 waltz step turning toward partner making a 1/2 turn. Finish facing CW.



...ALEXANDROVSKA CONTINUED

- 3-4 2 waltz steps BKWD, progressing CCW
- 5-8 REPEAT measures 1-4, FIG. 3, progressing CW. Start waltz step FWD on inside foot (M's L, W's R)
- 9-16 REPEAT measures 1-8

FIG. 4

- 1 In ballroom dance position, 2 step-draw steps progressing to M's L. Finish w/M's R and W's L foot free by pausing on count 3 of second step-draw step.
- 3-4 2 step-draw steps progressing to M's R, Finish with M's L and W's R foot free.
- 5-8 4 waltz steps making 2 turns, progressing CCW
- 9-16 REPEAT measures 1-8