

Katia

Formation: Circle, no partner needed. Hands joined down. 10 measures introduction (4/4). Dance begins with heavy step or stamp w/R foot.

TO LEFT (CW)

2 two-steps, beginning L, heel leads. Walk, 2, 3, 4

2 two-steps, walk 2, 3

TO CENTRE (No weight on stamps)

1 R diagonally FWD R, stamp L beside R, L diagonally
FWD L stamp R beside L, back up to place R, L, R, L

2 REPEAT 1

3 R diagonally FWD R, stamp L beside R, L Diagonally
FWD stamp R beside L, then make small circle to own
R (CW) w/5 steps (#5 is heavy step or stamp)

During circle, arms are held out to side, straight, palms
down, but left arm is higher than right
(like an aeroplane banking)