

Hineh ma Tov

Formation: Join hands in lines or open circle, facing and moving CCW

Measure	Chorus
1	Step on R FWD and bend R knee
2	Step on L FWD and bend L knee
3-4	REPEAT 1-2
5-8	8 running steps, starting on R
9-16	REPEAT 1-8

Part One	
1	Face center of circle, step on R to R side and hold
2	Step on BKWD, arms move BKWD, body bends slightly FWD, close R to L
3	Step FWD on L, bring arms up above shoulder level, straighten body and hold
4	Close R to L and hold
5-6	Yemenite step R
7-8	Yemenite step L
9-16	REPEAT 1-8