

Brezovska Ruchenitsa

Source: Dance originates from Brezovo and vicinity in south-central Bulgaria.

This dance was learned from Yuliyana Yordanov, Autumn Leaves XXII, NIFD, 2005. *Meter:* 7/8 (2+2+3)

Formation: This dance is another variant of “The Thracian Ruchenitsa” done in a line, and can be done to many different pieces of music. Most of the time arms are held in a W position.

Measure	Count		Measure	Count	
1	1, 2	Step on R to R in LOD			Measures 13-16 footwork follows diamond pattern. Arms swing FWD on counts 1, 2 and back on count 3 of measure 16, when arms move up to W position.
	3	Bounce on R			
2	1, 2	Step on L to R			
	3	Bounce on L			
3	1-3	Ruchenichna (RLR) to R	13		
4	1-3	Ruchenichna (LRL) to R	14		
			15		
5	1, 2	Leap onto R to R facing center while moving arms quickly down to V position slightly behind the body	16		
	3	Back away from center (leap behind on L)			
6	1, 2	Step on R in place, arms are moving back up to W position			
	3	Bounce on R			
7	1, 2	Step on L FWD			
	3	Bounce on L			
8	1, 2	Step back on R			
	3	Bounce on R			
9-11	1	Step on L to L			
	2	Bounce on L			
	3	Step on R to L. Arms do small circular movements in unison with footwork.			
12	1	Emphasized step on L closing to R, arms move down to V position			
	2, 3	Pause			