

Assoulis

Source: Traditional dance from Sasoun region, former western Armenia. Learned from Tineke Van Geel.

Translation: Contraction of the verbs “*assel*”, which means “to say” and “*lesel*”, or “to listen. Therefore AS-SOU-LIS can be translated into “Say and Listen.” *Formation:* Line or open circle, little fingers joined in W position, facing center.

Measure	Count	Pattern
1	1	Step on R to R, arms move to R
	2	Step on L crossed over R, arms move to L
	3	Step BKWD of R, arms come to W position
	&c	Step L beside R
	4	Step R beside L
2	1	Step FWD on L, arms swing down, body moves diagonally R w/L shoulder to centre
	&c	Step R beside L
	2	Step L beside R
	3	Step BKWD on R, body moves BACK to face front, arms return to W position
	&c	Step L beside R
	4	Step R beside L
3	1	Accented step on L slightly FWD (L knee bent), R toe stays on floor (R knee bent). Hands make a down movement from the wrist
	2	Step on R slightly behind L. Hands move back to W position
	3-4	REPEAT counts 1-2 of measure 3
4	1-2	REPEAT counts 1-2 of measure 3
	3	Step on L to L
	4	Hop on L, lifting R foot to L calf NOTE: On counts 3-4, arms make a small circle moving R
		Dance begins from the beginning